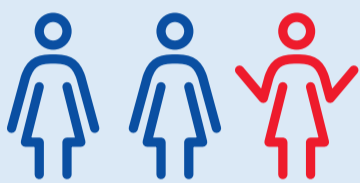


Methyl Folate

The naturally active form of folate ready for the body to use, with superior effects.

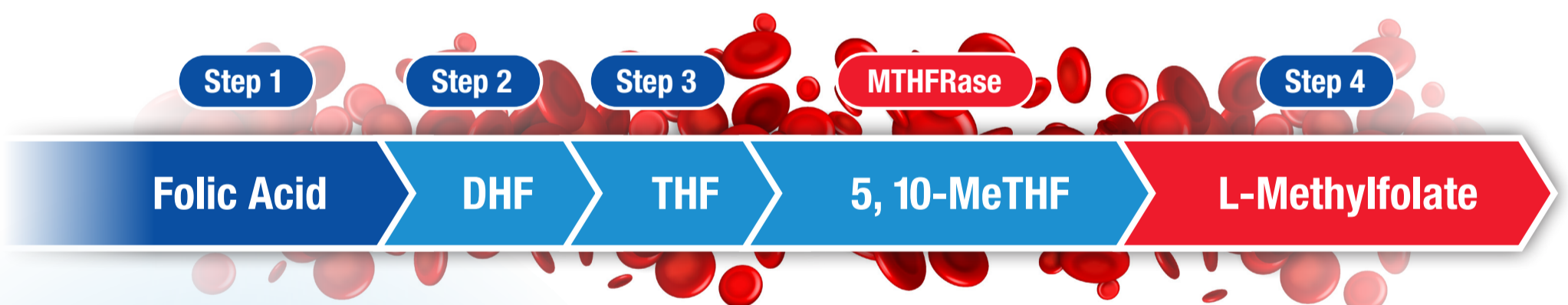


1 in 3 women may not properly metabolise folic acid



With **L-Methylfolate**, **READY TO BE USED** form directly by the body for all women

Folic acid has to be metabolised in 4 steps to be used by the body. However, not all women have a fully effective enzyme MTHFRase. L-Methylfolate comes in the form of a calcium salt, which does not need transformation to be available to the body.



- Folate is particularly important prior to conception and in the first few weeks of pregnancy for development of the foetus.
- The Department of Health advise that all women planning a pregnancy should take a supplement of 400µg daily and 47% of women fail to consume the NRV of 200µg/day, which is why supplementation is recommended.
- Small easy-to-swallow tablets that provide 400ug of methyl folate per tablet.
- In methylated form for those who cannot utilise standard folic acid.
- Up to 3 times the level supplied by many people's diets, and the level that is increasingly recommended.

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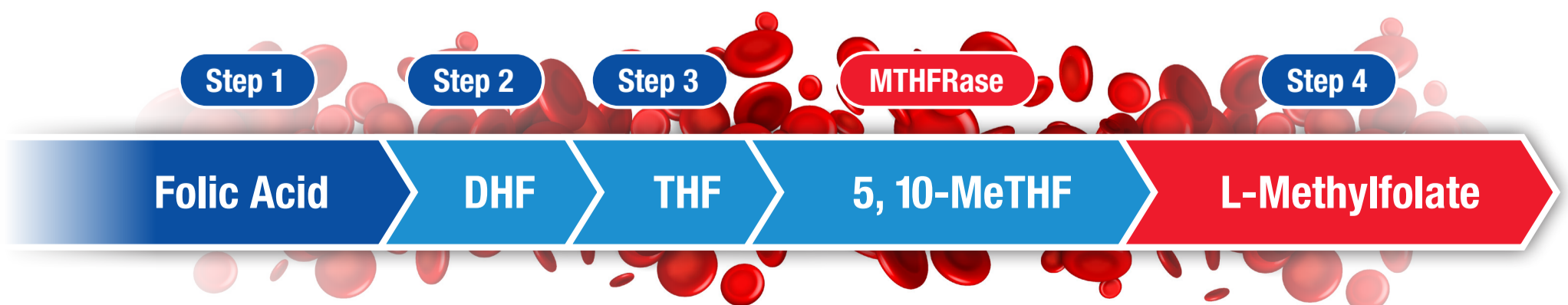


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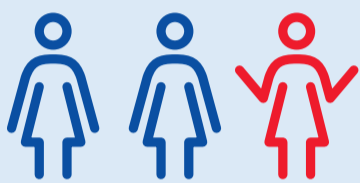
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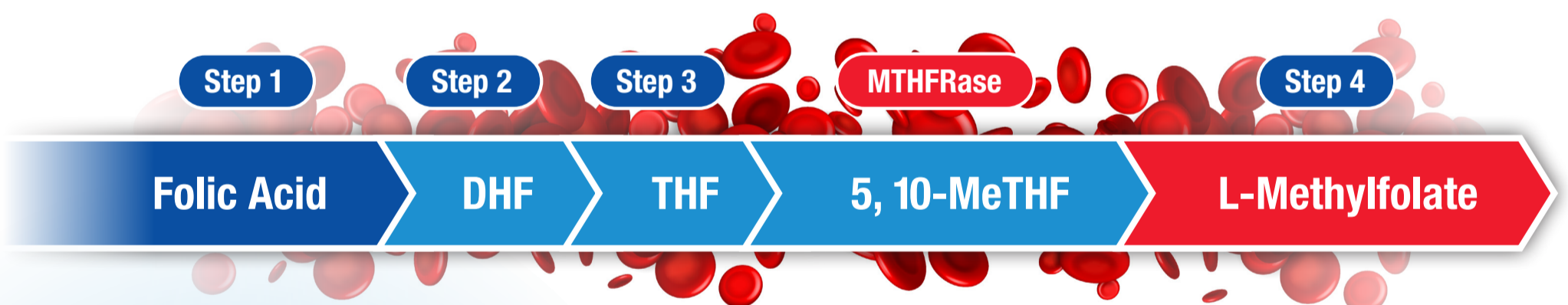


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